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|  | **COGNITIVE** | **PHYSICAL** | **SOCIAL** | **EMOTIONAL** | **LANGUAGE** |
| **Infant:****0-****6months** | * Learn to recognize faces

and voices of parents andproviders* Turn to locate the source

of sounds* Forget about objects that

they cannot see* Explore things with their

mouth | * Most of their movements

are reflexes* Nervous system is not fully developed
* Can see clearly objects

that are about 20 cmsaway from their faces | * Smiles when others smile

at them* Interested in goings on

around them* Intently watches
 | * Begins to develop trust as

their parents and providers meet their needs* Cries to express hunger,

anger, and pain* Easily excited or upset
* Needs to be cradled and

comforted | * Responds to “Mother-ese” by cooing, imitation of

mouth shapes, brightening |
| **Infant/****Toddler****7-12****months** | * Responds when you say

their names* Repeats actions that cause

a response* Looks for things not in sight (object permanence)
* Responds to simple

directions* Is aware that persons and

things have labels* Shows memory of recent

events | * Increasing control of their

muscles and nervoussystem* Can sit alone
* By 8 months, they can

reach for and hold objects, throw, hold withfinger and thumb* Transfers toys purposely

hand to hand and mouth | * Begins to learn what is

and is not allowed* Begins to fear strangers
* Begins to fear being left by their parents or other care providers.
* Eye contact begins to

replace some of thephysical contact thatyounger infants seek* Wave bye-bye and play

pat-a-cake | * Gets angry and frustrated

when their needs are not met in a reasonable amount of time.* Begins to pretend by acting out familiar activities
 | * Two-syllable sounds(dada)
* Makes sounds that can be

understood by people who know them well* At 12 months, many infants speak their first

understandable words |
| **Toddler****12 Months - 2yrs** | * Begins defining themselves as separate people
* Uses objects for their

intended purpose* Attention span is short
* Developing imagination,

have trouble knowing what is real and what is pretend | * Are generally more active

than at any other point intheir lives* Walk, run, climb, walk up

and down stairs alone* Jumps with two feet

together, stand on tip toes* Start to show an interest in toilet training
* Has a hard time

controlling themselves inphysical activities,especially running,i.e. cannot alwaysremember the “rules”, butunderstand them | * Has difficulty sharing

toys/possessive* Enjoy playing by

themselves or beside (notwith) other children* Cannot remember rules
* View themselves as the centre of the world
* Routines are very

important* Begins to include a second

person in pretend play | * Wants to be independent,

but are still dependent* Very concerned with their

own needs and ideas* Temper tantrums are

common* Begins to express new
* Emotions, rapid mood shifts/
* emotions are usually very

intense but short-lived* Needs to do things their

way | * Names familiar people and objects
* Combines two words to

form a basic sentence* Uses "no" frequently
* Understands what you say, but often cannot answer you
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|  | **COGNITIVE** | **PHYSICAL** | **SOCIAL** | **EMOTIONAL** | **LANGUAGE** |
| **2 years approx.** | * Likes to imitate the behaviour of adults and others
* Begins to think about doing something before doing it
* Has trouble making

choices, but they want tomake choices* Still has a very limited

attention span* Shows mind set: certain

things in certain orders* Understands a two-step

request | * Is generally more active

than at any other point intheir lives* Walk, run, climb, walk up

and down stairs alone* Jumps with two feet

together, stand on tip toes* Starts to show an interest in toilet training
* Has a hard time

controlling themselves inphysical activities,especially running,i.e. cannot alwaysremember the “rules”, but understands them | * Begins to play simple

pretend games* Generally very self centred and sharing is still

difficult* Enjoys playing near other children.
* Asserts themselves by saying "no."
* Sometimes do the

opposite of what is asked | * Becomes frustrated easily,

refuse help,* Still needs security
* More sure of themselves
* than one-year-old children
* Temper tantrums are

common, especially inchildren without languagedevelopment* Begins self-control
* Separation anxiety

lessens: can retain a picture of persons when they are out of sight. | * Expresses their feelings and wishes
* Begins to talk in full

sentences* Can memorize short

rhymes |
| **3 years approx.** | * Wants to touch, taste, smell, hear, and test things for themselves
* Eager to learn
* Learns by experiencing and by doing
* Learns from their play
* Attention span is a little

longer, activities can beexpanded | * Walks on tip toes, stand on one foot, jump horizontally,
* Handles small objects
* Grows about 7 cm taller

in a year* Needs a balance between

active and quiet play | * Will test you over and

over again* Begins to learn to share
* Needs to know clear and

consistent rules andwhat the consequencesfor breaking them are* Loves to be the leader
* Enjoys dramatic play with

other children | * Emotions are usually

extreme and short-lived* Often questions and tests

parental authority* Fears include new

places and experiencesand separation fromparents and otherimportant people | * Can express their

needs/have greater control of language* Needs to be encouraged to express their feelings with words
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|  | **COGNITIVE** | **PHYSICAL** | **SOCIAL** | **EMOTIONAL** | **LANGUAGE** |
| **4 years approx.** | * Developing imaginations

and rich fantasy lives, they may have trouble telling fantasy from reality* Enjoys pretending
* Understands concepts

such as under, over, slow,fast* Does not fully understand

the concept of lying, will lie to protect oneself | * More small muscle control
* Runs on tip toes, hop on

one foot, gallop, skip* Very active and aggressive

in their play | * Needs clear and simple

rules so that they knowthe boundaries ofacceptable behaviour* Can be aggressive but

want friends and enjoybeing with other children* Tends to brag and be bossy
* Learning to take turns and

to share* Changes the rules to a

game as they go along* Loves to be silly, tell jokes
* Loves to gather groups

together and be the leader | * Needs to feel important

and worthwhile* Needs opportunities to

feel more freedom andindependence* Appreciates praise for

their achievements* Understands the order

of daily routines* Benefits from consistent

routine* Fearful of dark, afraid of

monsters* Understands the

concept of danger | * Speaks fairly complex

sentences* Adapts language to

listener’s level: “Daddy gobye-bye” (to baby sister)“Daddy went to the shop to buy some milk” (to Mom)* Loves to talk and tell stories
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