

## Forms of Gross Motor Difficulties

Difficulty or Dysfunction	Description
<b>Poor sense of body position</b>	Trouble perceiving the location of the body in a static position, possible problem with balance.
<b>Weak kinesthetic sense</b>	Trouble keeping track of body movement while in the middle of a motor activity (e.g. jumping, hopping)
<b>Inaccuracy of visual-spatial processing</b>	Trouble perceiving timing and predicting in the spatial domain (e.g. problems judging trajectories for catching, throwing)
<b>Ineffective verbal-motor integration</b>	Trouble translating verbal inputs into desired responses (e.g. difficulty following instruction from coach)
<b>Poor motor planning</b>	Trouble previewing outcomes and selecting motor strategies to meet a motor challenge (e.g. how fast to run to catch a ball)
<b>Poor coordination of muscle groups</b>	Trouble allocating muscles to specific task roles and/or poor synchronization of muscles during activities
<b>Motor memory weakness</b>	Trouble recalling accurately and quickly the sequences of muscle movements needed for a specific skill
<b>Tone control weakness</b>	Trouble developing appropriate muscle tone and strength
<b>Poor monitoring</b>	Trouble evaluating how effectively muscle performance is proceeding during activities

Source: [http://ldonline.org/ld\\_indepth/parenting/motor\\_levine.html](http://ldonline.org/ld_indepth/parenting/motor_levine.html)